
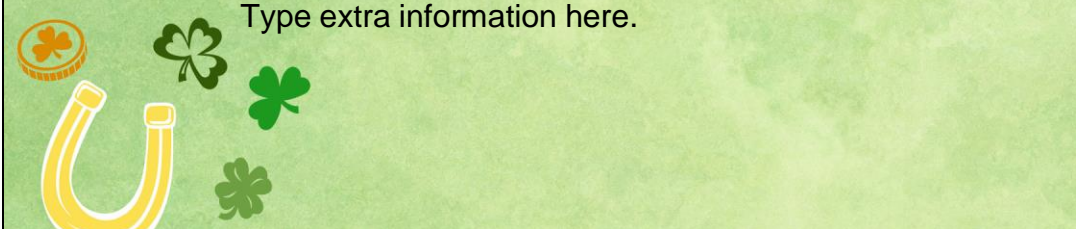


Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday



March 2025

The Sentinel of Mohegan Lake

<p>10:20-11:45 am – Faith Bible Van (O)</p> <p>11:00-12:00 pm - Meditation (R)</p> <p>1:30-2:30pm – Wheel of Fortune (R)</p> <p>3:15-4:30pm Word Search(R)</p>	<p>2</p> <p>9:15-10:00am Brew News Buzz (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Hangman (Sean/LE)</p> <p>1:00-1:45pm Nail Spa (Sean/LE)</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p>5:30-7:00pm Sunshine Club (Kevin/LE)</p>	<p>3</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Stretch and Flex (Sean/LE)</p> <p>11:15-11:45am New Orleans Trivia (Sean/LE)</p> <p>2:00-3:00pm Mardi Gras Party (LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p style="text-align: center;">Mardi Gras</p>	<p>4</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Stretch and Flex (Sean/LE)</p> <p>11:15-11:45am Find the Leprechaun (S/LE)</p> <p>1:00-1:45pm Virtual Trip to Ireland (LE)</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>5</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Chair Zumba (Sean/LE)</p> <p>11:15-11:45am Indoor Gardening (Sean/LE)</p> <p>1:00-1:45 Health Update w/Chris(S/LE)</p> <p>2:15-3:00 Marshmallow/ Toothpick Building (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>6</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Sand Art (Sean/LE)</p> <p>1:00-1:45pm Writing Club (Sean/LE)</p> <p>2:15-3:00pm Indoor Gardening (Sean/LE)</p> <p>3:45-4:30pm POKENO (Sean/LE)</p>	<p>7</p> <p>9:15-10:00 The Daily News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Karaoke (Sean/LE)</p> <p>1:00-1:45pm What Year Did This Happen (Sean/LE)</p> <p>2:00-3:00pm Paramount St. Patrick's Day Party (LE)</p> <p>3:45-4:30pm Find that Pot of Gold (LE)</p>	<p>8</p> <p>11:00-12:00 pm –Walkaholics Group (R)</p> <p>1:00-1:30 pm - Rosary in Spanish (PDR)</p> <p>2:00-3:30 pm – Movie (R)</p> <p>3:30-4:30 pm – UNO (R)</p>	
<p>10:20-11:45 am – Faith Bible Van (O)</p> <p>11:00-12:00pm - Meditation (R)</p> <p>1:30 2:30 pm – Card Game(R)</p> <p>3:15-4:30 pm - Word Search (R)</p> <p style="text-align: center;">Daylight Saving Time Begins</p>	<p>9</p> <p>9:15-10:00am Brew News Buzz (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Social Time (Sean/LE)</p> <p>1:00-1:45pm Price is Right (Sean/LE)</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p>5:30-7:00pm Sunshine Club (Kevin/LE)</p>	<p>10</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Stretch and Flex (Sean/LE)</p> <p>11:15-11:45am Ceramics (Sean/LE)</p> <p>1:00-1:45pm Charades (Sean/LE)</p> <p>2:15-3:00pm Pool Noodle Hockey (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>11</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Paint like Picasso (Sean/LE)</p> <p>1:00-1:45pm MASS (PDR)</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>12</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Indoor Gardening (Sean/LE)</p> <p>1:00-1:45pm Table Talk (Kenny/LE)</p> <p>2:15-3:00pm Spring Wreathes (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p style="text-align: center;">Purim Begins</p>	<p>13</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Bird Watching (Sean/LE)</p> <p>1:00-1:45pm Craft Corner (Sean/LE)</p> <p>2:15-3:00pm Indoor Gardening (Sean/LE)</p> <p>3:45-4:30pm POKENO (Sean/LE)</p>	<p>14</p> <p>9:15-10:00 The Daily News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Jewelry Design (Sean/LE)</p> <p>2:15-3:00pm Indoor Gardening (Sean/LE)</p> <p>3:45-4:30pm POKENO (Sean/LE)</p>	<p>15</p> <p>11:00-12:00 pm –Walkaholics Group (R)</p> <p>1:00-1:30 pm - Rosary in Spanish (PDR)</p> <p>2:00-3:30 pm – Movie (R)</p> <p>3:30-4:30 pm – Scrabble w/ Friends (R)</p>	
<p>10:20-11:45 am – Faith Bible Van (O)</p> <p>11:00-12:00pm - Meditation (R)</p> <p>1:30-2:30 pm – Music Hour! (R)</p> <p>3:15-4:30 pm - Word Search (R)</p>	<p>16</p> <p>9:15-10:00am Brew News Buzz (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Word Jumble (Sean/LE)</p> <p>1:00-1:30pm Nail Spa (Sean/Salon)</p> <p>2:00-3:00pm St. Patrick's Day Party (LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p style="text-align: center;">St. Patrick's Day</p>	<p>17</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Stretch and Flex (Sean/LE)</p> <p>11:15-11:45am Walker Decoration (Sean/LE)</p> <p>1:00-1:45pm Resident Council (LE)</p> <p>2:15-3:00pm Scrapbooking Club (S/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>18</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Science Experiment (S/LE)</p> <p>1:00-1:45pm Science Experiment (S/LE)</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>19</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Indoor Gardening (Sean/LE)</p> <p>1:00-1:45pm Table Talk (Angela/LE)</p> <p>2:15-3:00pm Zen Garden (S/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p style="text-align: center;">Spring Begins</p>	<p>20</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Birdhouse Creation (Sean/LE)</p> <p>1:00-1:45pm Jewelry Design (Sean/LE)</p> <p>2:15-3:00pm Indoor Gardening (Sean/LE)</p> <p>3:45-4:30pm POKENO (Sean/LE)</p>	<p>21</p> <p>9:15-10:00 The Daily News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Birdhouse Creation (Sean/LE)</p> <p>1:00-1:45pm Jewelry Design (Sean/LE)</p> <p>2:15-3:00pm Indoor Gardening (Sean/LE)</p> <p>3:45-4:30pm POKENO (Sean/LE)</p>	<p>22</p> <p>11:00 am –Walkaholics Group (R)</p> <p>1:00 pm - Rosary in Spanish (PDR)</p> <p>2:00 pm – Movie (R)</p> <p>3:30 pm – Let's Play Cards (R)</p>	
<p>10:20 am – Faith Bible Van (O)</p> <p>11:00 am - Meditation (R)</p> <p>1:30 pm – Computer Masters! (R)</p> <p>3:15 pm - Word Search (R)</p>	<p>23</p> <p>9:15-10:00am Brew News Buzz (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am</p> <p>1:00-1:45pm</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p>5:30-7:00pm Sunshine Club (Kevin/LE)</p>	<p>24</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Stretch and Flex (Sean/LE)</p> <p>11:15-11:45am Flower Arrangements (Sean/LE)</p> <p>1:00-1:45pm Food Service (LE)</p> <p>2:15-3:00pm Name that Tune (S/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>25</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am</p> <p>1:00-1:45pm Science Experiment (S/LE)</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>26</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am Indoor Gardening (Sean/LE)</p> <p>1:00-1:45pm Table Talk (Angela/LE)</p> <p>2:15-3:00pm Zen Garden (S/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p>	<p>27</p> <p>9:15-10:00am Grounds for News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Birdhouse Creation (Sean/LE)</p> <p>1:00-1:45pm Jewelry Design (Sean/LE)</p> <p>2:15-3:00pm Indoor Gardening (Sean/LE)</p> <p>3:45-4:30pm POKENO (Sean/LE)</p>	<p>28</p> <p>9:15-10:00 The Daily News (Sean/LE)</p> <p>10:30-11:00am Wake Up Workout (Sean/LE)</p> <p>11:15-11:45am Birdhouse Creation (Sean/LE)</p> <p>1:00-1:45pm Jewelry Design (Sean/LE)</p> <p>2:15-3:00pm Indoor Gardening (Sean/LE)</p> <p>3:45-4:30pm POKENO (Sean/LE)</p>	<p>29</p> <p>11:00-12:00 pm –Walkaholics Group (R)</p> <p>1:00-1:30 pm - Rosary in Spanish (PDR)</p> <p>2:00-3:30 pm – Movie (R)</p> <p>3:30-4:30 pm – Master the Puzzle(R)</p>	
<p>10:20-11:45 am – Faith Bible Van (O)</p> <p>11:00-12:00pm - Meditation (R)</p> <p>1:30 2:30 pm – Card Game(R)</p> <p>3:15-4:30 pm - Word Search (R)</p>	<p>30</p> <p>9:15-10:00am Brew News Buzz (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am</p> <p>1:00-1:45pm</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p>5:30-7:00pm Sunshine Club (Kevin/LE)</p>	<p>Type extra information here.</p> 					<p>31</p> <p>9:15-10:00am Brew News Buzz (Sean/LE)</p> <p>10:30-11:00am Morning Yoga and Meditation (Sean/LE)</p> <p>11:15-11:45am</p> <p>1:00-1:45pm</p> <p>2:15-3:00pm Movie Matinee (Sean/LE)</p> <p>3:45-4:30pm BINGO (Sean/LE)</p> <p>5:30-7:00pm Sunshine Club (Kevin/LE)</p>	<p>32</p> <p>11:00-12:00 pm –Walkaholics Group (R)</p> <p>1:00-1:30 pm - Rosary in Spanish (PDR)</p> <p>2:00-3:30 pm – Movie (R)</p> <p>3:30-4:30 pm – Master the Puzzle(R)</p>

Life Enrichment Room (LE)Movie Theatre (T)Dining Room (D)Resident Led (R)Private Dining Room (PDR)Outing Meet at Front Desk (O)