

# THE SENTINEL OF PORT JERVIS – March 2025 HAPPENINGS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>KEY</b>  <b>SFL</b>= 2nd FL Lounge  <b>LB</b>= Library <b>BP</b>= Back Patio  <b>S</b>= Beauty Salon  <b>MT</b>= Movie Theater  <b>FD</b>= Front Desk  <b>SL</b>= Self-Led  <b>RL</b>= Resident Led</p>		<p><b>MOVIES</b>  <i>at 6:30 PM in the Sentinel                      Movie Theater                      (Tuesday - Saturday)                      and                      2:00 PM on Sundays</i></p>	<p><b>DAILY PROGRAMS</b>  <i>Our Daily Bread with Carol                      will be held weekdays at                      9:30AM.</i></p> <p><i>Daily Chronicles are                      available in English/Spanish</i></p>	<p><b>SCHEDULED ACTIVITIES</b>  <i>are conducted by the LE                      department staff unless                      otherwise listed</i></p>		<p><b>1</b>                      10:30-11:00 AM Music &amp; Movement                      1:30-2:00 PM History: Peace Corp                      2:00 -3:00 PM Saturday Social                      3:30-4:30 PM BINGO                      6:00 PM Saturday Night at the Movies</p>
<p><b>2</b>                      9:00 AM River City Van Pick-up (RL)                      9:30 AM Sunday Activity Packet (SL)                      2:00-4:00 PM Movie Matinee                      6:00 PM Karaoke with John (RL)</p> 	<p><b>3</b>                      10:00-10:30 AM Really Good News                      10:45-11:15 AM Morning Stretch                      2:00- 2:30 PM Mythology Monday                      3:00- 4:30 PM Movie Matinee                      6:00 PM TSPJ Card Club (SL)</p> 	<p><b>4</b>  <b>10:00-10:30 AM Food Committee</b>  <b>10:30-11:30 AM Resident Council</b>                      1:00-2:00 PM Resident Float Contest  <b>2:00-3:30 PM Mardi Gras w/Octavius</b>                      6:00 -6:30 PM Move &amp; Groove                      Mardi Gras Game</p> <p><b>MARDI GRAS</b></p>	<p><b>5</b>  <b>8:30-10:00AM TRIP-Men's Breakfast</b>                      1:15-1:45 PM Exercise with Denna                      2:00-3:00 PM BINGO                      3:30-4:30 PM Bible Study w/ Claude                      6:00-6:30 PM Evening Stretch</p> <p><b>ASH WEDNESDAY</b></p>	<p><b>6</b>                      10:45-11:15 AM Chair Cardio Class                      1:15-3:00 PM Jewelry Making                      2:30-3:30 PM Throwback Social                      3:30- 4:00 PM Random Jeopardy                      6:00-6:30 PM Board Games</p> 	<p><b>7</b>  <b>10:15-11:00 AM Yoga with Eileen</b>                      1:15-2:00 PM Short story                      2:30-3:30 PM TGIF Karaoke                      6:00 PM Monopoly (SL)</p> 	<p><b>8</b>                      10:30- 11:00 AM Music &amp; Movement                      1:00- 2:00 PM Nail Salon                      2:00- 3:00 PM International                      Women's Day Tea                      3:30- 4:30 PM BINGO                      6:00 PM Saturday Night at the Movies</p>
<p><b>9</b>                      9:00 AM River City Van Pick-up (RL)                      9:30 AM Sunday Activity Packet (SL)                      2:00-4:00 PM Movie Matinee                      6:00 PM Karaoke with John (RL)</p> <p><b>DAYLIGHT SAVINGS</b></p>	<p><b>10</b>                      10:00-10:30 AM Really Good News                      10:45-11:15 AM Morning Stretch                      1:15-3:30 PM Musical Monday                      3:30-4:30 PM Balloon Volleyball                      6:00 PM TSPJ Card Club (SL)</p>	<p><b>11</b>  <b>10:00- 12:00 PM TRIP: Walmart</b>                      1:00 1:30 PM Bible Study w/Harold                      2:00-2:30 PM Egyptian Pharaohs                      3:30-4:30 PM Bible study w/Claude                      6:00-6:30 PM Word-In-A-Word</p> 	<p><b>12</b>                      10:45-11:15 AM Exercise with Denna                      1:30-2:00 PM Chef Demo                      2:30-3:30 PM St. Patty's Craft                      3:30 -4:30 PM BINGO                      6:00-6:30 PM Alfred Hitchcock</p> 	<p><b>13</b>                      10:45-11:15 AM Chair Cardio Class                      1:15-2:00 PM Who? What? (MT)  <b>2:00-3:00 PM Music: Mike Pacer</b>                      3:30-4:00 PM Culture series: Purim                      6:00-6:30 PM After Dinner Stretch</p> <p><b>PURIM</b></p>	<p><b>14</b>  <b>10:15-11:00 AM Yoga with Eileen</b>                      1:15-2:00 PM Book Lover Review                      2:00-3:00 PM Sherbet Punch Social                      3:30-4:30 PM Hali: Festival of Color                      6:00 PM Friday Night Card Night</p> <p><b>WEAR RAINBOW COLORS</b></p>	<p><b>15</b>                      10:30-11:00 AM Music &amp; Movement                      2:00 -3:00 PM Saturday Social                      3:30-4:30 PM BINGO                      6:00 PM Saturday Night at the Movies</p> 
<p><b>16</b>                      9:00 AM River City Van Pick-up (RL)                      9:30 AM Sunday Activity Packet (SL)                      2:00-4:00 PM Movie Matinee                      6:00 PM Karaoke with John (RL)</p>	<p><b>17</b>                      10:00-10:30 AM Really Good News                      10:45-11:15 AM Morning Stretch  <b>2:00-3:00 PM St. Patty's Bash                      w/ Jon Z</b>                      3:30-4:30 PM Modern Jeopardy                      6:00 PM TSPJ Card Club (SL)</p>	<p><b>18</b>                      10:45-11:15 AM Free-Flow Exercise  <b>2:00 PM Catholic Mass w/ FR Ivan</b>                      3:00-3:30 PM Hymn Sing Social                      3:30-4:30 PM Bible study w/Claude                      6:00-6:30 PM All about Crystals</p>	<p><b>19</b>                      10:00-10:30 AM Guided Imagery (MT)  <b>11:00-1:30PM TRIP: Ladies Lunch</b>                      2:30- 3:00 PM Swallows Return                      3:30-4:30 PM BINGO                      6:00-6:30 PM Hollywood series</p>	<p><b>20</b>                      10:45-11:15 AM Chair Cardio Class                      1:15-2:00 PM Jewelry Making                      2:30-3:30 PM Solstice Social                      3:30-4:00 PM Throwback Thursday                      6:00-6:30 PM Never Have I Ever</p> <p><b>FIRST DAY OF SPRING</b></p>	<p><b>21</b>  <b>10:15-11:00 AM Yoga with Eileen</b>                      1:15-2:00 PM Poetry Writing                      2:00-3:00 PM TGIF Karaoke                      3:30- 4:30 PM History: Selma                      6:00 PM Dominoes (SFL)</p> 	<p><b>22</b>                      10:30-11:00 AM Music &amp; Movement                      1:15- 3:00 PM Sip &amp; Paint                      3:30- 4:30 PM BINGO                      6:00 PM Saturday Night at the Movies</p> 
<p><b>23/30</b>                      9:00 AM River City Van Pick-up (RL)                      9:30 AM Sunday Activity Packet (SL)                      2:00-4:00 PM Movie Matinee                      6:00 PM Karaoke with John (RL)</p> 	<p><b>24</b>                      10:00-10:30 AM Really Good News                      10:45-11:15 AM Morning Stretch                      1:30-2:00 PM Science series                      2:30-4:00PM Medieval Monday</p> <p><b>31</b>                      10:00-10:30 AM Really Good News                      10:45-11:15 AM Morning Stretch                      2:00-3:00 PM Indoor Badminton                      3:30-4:30 PM Jeopardy</p>	<p><b>25</b>  <b>10:30-12:30 PM TRIP: West Fall Mall</b>                      1:15-2:00 PM History: Medal of Honor                      2:00-3:00 PM Beach Ball Volleyball                      3:30-4:30 PM Bible study w/Claude                      6:00-6:30 PM Cranium Crunches</p> 	<p><b>26</b>                      10:45-11:00 AM Meditation (MT)                      1:30-2:00 PM Afternoon Walk                      2:00-3:00 PM Computer Basics w/James                      3:30-4:30 PM BINGO                      6:00-6:30 PM Movie Lovers Club</p>	<p><b>27</b>                      10:45-11:15 AM Chair Cardio Class                      1:00-1:45 PM Travel: The Caribbean  <b>1:30-2:30 PM Birthday Bash                      With DJ Terrio</b>                      6:00-6:30 PM Sleep Meditation</p> 	<p><b>28</b>  <b>10:15-11:00 AM Yoga with Eileen</b>                      1:15 -2:00 PM Creative Writing                      2:00-3:00 PM TGIF: Mixology 101                      3:30-4:30 PM Actress Ann Margaret                      6:00 PM Friday Night Card Night</p> 	<p><b>29</b>                      10:30-11:00 AM Music &amp; Movement                      1:30- 2:00 PM Coca-Cola Trivia                      2:30-3:00PM Coke Float Social                      3:30 - 4:30 PM BINGO                      6:00 PM Saturday Night at the Movies</p>